

# **Alpha Control**

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Alpha Omega - is derived from the well-known Silva Mind Control school. Their library is very extensive and it would take numerous books to read to get to the practical point of Alpha Theta healing.

This eBook summarizes all techniques in one single document in very simple non-esoteric language that everybody can understand and apply quickly.

Everyone has psychic capabilities, and this eBook tells you how to unleash your psychic capabilities within one day of exercising.